

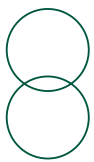
MindBody GLP-1 System™



Turn Up GLP-1. Turn Down Food Noise.

Take back control, quiet cravings, and hush your hunger with the next evolution in Activation—the MindBody GLP-1 System™. This innovative, patent-pending system is clinically shown to naturally increase GLP-1 by 140% on average as it balances hunger hormones - no injections or prescriptions required. Build better habits, achieve your ideal weight, and become a stronger, healthier you.*†‡

3 Reasons to Love MindBody GLP-1 System™



DUAL ACTIVATION + DUAL AMPLIFICATION

The only patent-pending 2-product system proven to activate and amplify GLP-1 in multiple ways, **naturally increasing GLP-1 by 140% on average**. This helps you feel fuller for longer, making it easier to eat less and make smarter food choices.*‡



CONNECTS MIND + BODY

Aligns body and mind by bringing balance to your hunger hormones via the signals sent from your gut to your brain. This means less impulse, a healthier relationship with food, and weight loss.*†



TOTAL TRANSFORMATION

Participants in a 12-week human clinical study experienced significant improvements in weight, body composition, and their relationship with food.‡

- 9 lbs. lost in 8 weeks, up to 25 lbs. in 12 weeks‡
- 100% who lost weight did not lose muscle†
- 11% total body weight lost†
- Up to 5% total body fat percentage lost, Up to 27% visceral fat lost†
- 82% took back control of their relationship with food†
- 95% had decreased sugar cravings†
- 96% chose smaller portions†
- 85% felt less hungry†
- 90% ate less at meals†
- 85% now eat for health instead of emotions†



Weight Loss Meets Wellness with the MindBody GLP-1 System™

The MindBody GLP-1 System naturally activates GLP-1, a hormone that plays a vital role in managing your relationship with food. GLP-1 helps maintain blood sugar levels already within a normal healthy range and slows the rate at which food leaves your stomach. This helps you feel fuller longer. Plus, this effect helps quiet food noise and reduces cravings and the desire to snack. GLP-1 also supports the healthy function of your heart, brain, liver, and kidneys.*

GLP-1 declines over time due to age and lifestyle factors. The 2 products in the MindBody GLP-1 System use dual activation to help your body make more GLP-1. MB Core™ activates the GLP-1 pathway to encourage L-cells to produce more GLP-1. MB Enhance™ fuels GLP-1 production indirectly by creating the optimal environment in the gut microbiome. Together they reduce the enzyme that breaks down GLP-1 by 38% and also help promote more GLP-1 receptors for more activity in the body.*§

This combination has been shown in human clinical studies to increase GLP-1 by 140% on average.*§Ω

For full details on how the MindBody GLP-1 System works, visit lifevantage.com/science/mindbody.

Benefits



Naturally increases GLP-1 by an average of 140%^Ω



Supports sustainable weight loss and wellness for results you can see and feel*†



Quiets “food noise” to cut down cravings and reduce the desire to snack*



Helps balance hunger hormones to increase satiety via gut-brain axis, so you feel fuller, longer*



Helps maintain blood sugar levels already within a normal healthy range*

Here's How It Works

Subscribe to the LifeVantage® MindBody GLP-1 System™ for a convenient monthly supply of MB Core™ and MB Enhance™, so you never miss a day on your journey to a stronger, healthier you.

From the moment you start, you'll feel a dramatic reduction in food cravings and the desire to eat. Consistent use will make it easier to change your habits and achieve and maintain your ideal weight without drastic lifestyle changes.*†

For full lifestyle support, including meal plans, informational blogs, trackers, and more, visit lifestyle.lifevantage.com



MB Core™



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	0	
Total Carbohydrates	2 g	1%*
Sodium	15 mg	1%
Chromium (as Chromium Picolinate)	200 mcg	571%
GLP-1 Activation Blend	1,440 mg	
Acacia Hydrolysate	†	
Lemon Bioflavonoids	†	
Hesperidin	†	
Berberine (<i>Berberis aristata</i>) Root Extract	†	
Honeysuckle (<i>Lonicera japonica</i>) Flower Powder	†	
Yerba Mate (<i>Ilex paraguariensis</i>) Leaf Powder	†	
Matcha (<i>Camellia sinensis</i>) Leaf Powder	†	
Eggplant (<i>Solanum melongena</i> L.) Whole Vegetable Powder	†	

* % Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Stearic Acid.

Directions

Adults take 2 capsules with a full glass of water 30 minutes before your first meal.

WARNING: Not recommended for individuals under the age of 18 years or if pregnant or nursing. Consult your physician before use if you are taking medication or have a medical condition. Use only as directed.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

†Results may vary. Typical weight loss using this product in a 12 week weight management program is 1–2 pounds per week. This product should be used in conjunction with a healthy diet and regular exercise. Consult with a healthcare provider before starting any weight loss program.

‡Results based on a cell culture study on active ingredient blends in the MindBody GLP-1 System.

§ MindBody is a dietary supplement and not a replacement for any prescription therapy for a disease.

¶ Results based on a randomized 12-week human clinical study.

MB Enhance™



Supplement Facts

Serving Size: 4 rounded scoops (21.7 g)
Servings Per Container: 30

	Amount Per Serving	% DV*		Amount Per Serving	% DV*
Calories	40		Zinc (as Zinc Citrate)	4 mg	36%
Total Fat	1 g	2%†	Selenium (as Selenium Glycinate)	18 mcg	33%
Saturated Fat	<1 g	<1%*	Copper (as Copper Gluconate)	0.3 mg	33%
Total Carbohydrates	17 g	6%*	Manganese (as Manganese Citrate)	0.8 mg	33%
Dietary Fiber	13 g	48%*	Chromium (as Chromium Picolinate)	12 mcg	34%
Protein	1 g	1%*	Molybdenum (as Molybdenum Glycinate)	15 mcg	33%
Vitamin A (as 100% Beta-Carotene)	300 mcg RAE	33%	Sodium	195 mg	9%
Vitamin C (Ascorbic Acid)	100 mg	11%	Potassium (as Potassium Citrate and Potassium Iodide)	40 mg	1%
Vitamin D (as Cholecalciferol)	6.7 mcg	33%	GLP-1 Activation Support Blend	17.37 g	
Vitamin E	5 mg	33%	Resistant Potato Starch	†	
(as Alpha-Tocopherol and Mixed Tocopherols)			Resistant Tapioca Fiber	†	
Vitamin K (as Phytonadione)	40 mcg	33%	Flax Seed (<i>Linum usitatissimum</i>) Seed Oil	†	
Thiamin (as Thiamine HCl)	0.4 mg	33%	MCT Oil	†	
Riboflavin	0.4 mg	33%	Baobab (<i>Adansonia digitata</i>) Fruit Powder	†	
Niacin (as Nicotinic Acid)	5.5 mg NE	34%	Guar Gum	†	
Vitamin B6 (as Pyridoxine HCl)	0.6 mg	34%	Kombucha (<i>Comella sinensis</i>) Leaf Powder	†	
Folate (as Folic Acid)	224 mcg DFE	56%	Digestive Health Blend	148 mg	
Vitamin B12 (as Methylcobalamin)	0.8 mcg	33%	Licorice (<i>Glycyrrhiza glabra</i>) Root Extract	†	
Biotin	10 mcg	33%	Ginger (<i>Zingiber officinale</i>) Rhizome Extract	†	
Pantothenic Acid (as d-Calcium Pantothenate)	17 mg	33%	<i>Bacillus coagulans</i>	†	
Calcium (as Calcium Citrate)	50 mg	4%	<i>Bacillus clausii</i>	†	
Iodine (as Potassium Iodide)	50 mcg	33%			
Magnesium (as Magnesium Citrate)	43 mg	10%			

* % Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Natural Flavors, Allulose, Himalayan Pink Salt, Xanthan Gum, Stevia Leaf Extract, Malic Acid, Silica, Fumaric Acid.

Directions

Take one serving of four slightly rounded scoops daily. You may take all four scoops at once or choose to spread them throughout the day as needed to fit your schedule. MB Enhance is best when mixed with other beverages. It is suggested to mix with 12 to 16 ounces of a protein shake, smoothie, or any low-sugar/ no-sugar beverage of your choice including LifeVantage products like AXIO® or Daily Wellness.

NOTE: When starting MB Enhance, we recommend a ramp-up phase, allowing your body to adjust to the increased fiber intake and minimize any discomfort associated with sudden dietary changes. For the first 7 days, take 2 scoops daily, then increase to the recommended 4 scoops daily.

